



CITY OF COSTA MESA, CALIFORNIA

Proclamation

WHEREAS, Movember started in Australia in 2003 and has since become a global movement with over 6 million MoBros and MoSisters part of the initiative today; and

WHEREAS, is uniquely observed to address the global health crisis among men and raise awareness for the three biggest health issues facing men: mental health and suicide prevention, prostate cancer and testicular cancer; and

WHEREAS, men's health is in crisis, and they are dying on average five years earlier than women, largely for preventable reasons; and

WHEREAS, 1 in 7 men will be diagnosed with prostate cancer in his lifetime, and treatment options for prostate cancer vary depending on a man's age, stage, and grade of his cancer, as well as other existing medical conditions, and testicular cancer, is the most common cancer in males between the ages of 15 and 34; and

WHEREAS, 1 in 4 adults in the U.S. will experience a mental health problem in any given year, and 87 men in the U.S. die by suicide every day; and

WHEREAS, the City of Costa Mesa is committed to raising awareness about men's health issues and their effect on fathers, sons, brothers, uncles, and husbands across Costa Mesa and the world; and

WHEREAS, the City of Costa Mesa encourages its residents to talk about their mental health and commit to a stigma-free culture; and

WHEREAS, the City of Costa Mesa joins communities across our nation to challenge men to grow and make a commitment to get active and MOVE.

NOW, THEREFORE, I, John B. Stephens, Mayor of the City of Costa Mesa, do hereby proclaim November 2022 as **Movember**, and urge all Costa Mesa residents to join in the movement to change the face of men's health.

PRESENTED *this 15th day of November 2022.*

John B. Stephens, Mayor of the City of Costa Mesa